A roadmap of

Meaningful Youth Participation from a disability-inclusive lens



2 | Building capacity

Support youth with disabilities to build confidence, skills, and leadership through training and mentorship.

WHAT NOT TO DO?

Don't generalize. Never one-size-fits-all.

1 | Joining the room

Invite young people with disabilities to join and participate in decision-making spaces through an intersectional approach that considers the diverse voices within disabilities.

3 | Producing youth-led knowledge and skills

WHAT NOT TO DO? Don't exclude youth

guide action.

from research: youth-led

data should be collected

regularly and used to

Support youth with disabilities in leading research and knowledge creation processes that inform inclusive policies and programs.

Creating awareness

WHY IS IT IMPORTANT?

Use participatory approaches to promote disability inclusion, and respect for youth leadership.

WHAT IS MEANINGFUL YOUTH WITH **DISABILITIES PARTICIPATION?**

Meaningful Youth Participation (MYP) means that youth with disabilities are active decision-

makers shaping, implementing, and evaluating the policies and programmes that affect their

lives. It values their knowledge, experiences, and

ideas as essential to building inclusive societies.

excluded from decisions that shape their futures.

making their participation truly inclusive and just.

Young people with disabilities are too often

MYP ensures they are recognized as equal partners and leaders, not just beneficiaries, but

WHAT NOT TO DO?

Inclusion must not be overlooked at any level. From local to global platforms.

WHAT NOT TO DO?

Don't tokenise. Participation must

be meaningful, consistent, and backed by shared power.

Include youth

| Holding

accountable

with disabilities in tracking progress and evaluating outcomes.

WHAT NOT TO DO?

Don't rush the process. Real participation and leadership take time to grow.

6 | Making it sustainable

Plan for ongoing participation by securing resources and building supportive structures.



Leading the conversation

Encourage youth with disabilities to lead, govern, and influence decision-making processes across all levels.















